



Frühförderung
Stadt Bern



Home visiting programme schritt:weise

Playing and learning at home for families with
children aged 1 to 3

Alternative language versions of this flyer are available here:

Deutsch (German)
Shqip (Albanian)
عربي (Arabic)
Français (French)
Soomaali (Somali)
Español (Spanish)
Türkçe (Turkish)
தமிழ் (Tamil)
ትግርኛ (Tigrinya)
Русский (Russian)
Українська (Ukrainian)
Kurdî (Kurdish)



How does the programme benefit families?

- The child learns the language, activities and social interaction skills while playing.
- The parent-child relationship is strengthened.
- The parents receive support in connection with all issues relating to their child (e. g. play group / day care).
- The child has many new experiences and receives appropriate play material, which they are allowed to keep.
- The self-confidence of both the child and the parents is strengthened.
- The family gets to know other families in their community and becomes familiar with offerings and meeting places there.
- Games and fun for the whole family.
- All of this helps prepare the child to get off to a good start in kindergarten and in school.

How does the programme work?

- Once a week, a home visitor visits the family in their home.
- Each time, she brings an idea for a new way to play, a picture book or a game.
- Every two weeks, the participating families gather for a group meeting.
- Group meetings: sharing experiences, receiving information from experts on all sorts of topics relating to children and being healthy; play or craft projects or singing together in the group; joint outings...

The video

Watch our video about the home visiting programme schritt:weise for a look at how it works.



How can I join the programme?

- You can sign up anytime
- Duration: 18 months
- Programme starts in March each year.
- Programme is offered in different languages.
- The cost is 10 francs per month; a reduced rate is possible.





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